

Joy in all Seasons

Stephanie Clarisse

You are invited to create community online as we gather to share and grow faith.

How to Prepare and Run a Session:

Read *Saturday Sessions 'How To' Guide* for information how to host a Saturday Session.

Presentation:

Joy in all Seasons

2020 (approx. 15-20 mins)

<https://drive.google.com/open?id=17H0uYMZomnrbrp45falyo1UqAvo-ZgmR>

About the Presenter:

In this talk, Stephanie explains how to find joy in all seasons of life, especially in life's most difficult seasons. Drawing from Scripture and the Catechism of the Catholic Church, she offers practical tips to seeking and living the joyfilled life, regardless of what challenges you encounter on the journey. A powerful message for our times. Stephanie hosts a podcast titled 500 seconds to joy.

Questions to Ponder:

1. What has been a Holy Spirit moment this week?
2. What does it feel like to say the word 'Joy' in a time such as now?
3. Do you see a difference between happiness and joy and how would you describe that?
4. How is God calling me to grow in the fruit of joy in this season in my life?
5. How are my daily actions bringing me joy and drawing me closer to God?



Further Support:

If you would like further support to bring to life a Saturday Session, or Wednesday Wisdom or Tuesday Thinktank (the name can be changed), please contact Lisa at the Pastoral Planning Office at lisa.bright@parracatholic.org

For information about Zoom please contact the Pastoral Planning Office or you can watch a Zoom tutorial at <https://support.zoom.us/hc/en-us/articles/201362033-Getting-Started-on-Windows-and-Mac>

The Pastoral Planning Office thanks you for your enduring faith, hope, love and commitment as we venture into the deep. We pray that you experience the peace and grace that our God offers and can be an ambassador of Christ's hope and peace to those you encounter and accompany.

Please contact the Pastoral Planning Office for support in all areas of pastoral ministry.

Richard McMahon	richard.mcmahon@parracatholic.org	0437 497 526
Lisa Bright	lisa.bright@parracatholic.org	0448 652 720
Tanya Quinn	tanya.quinn@parracatholic.org	0459 133 665