

SATURDAY SESSIONS

GROW & SHARE FAITH



Liturgy, Prayer, Pastoral Care and Pandemics

Sr Julia Upton RSM & Australian Catholic University

You are invited to create community online as we gather to share and grow faith.

How to Prepare and Run a Session:

Read *Saturday Sessions 'How To' Guide* for information how to host a Saturday Session. This is available at <https://thewell.org.au/video/saturday-sessions-how-to-guide/>

Presentation:

Liturgy, Prayer, Pastoral Care and Pandemics
Sr Julia Upton RSM & Australian Catholic University
2020 (Video approx. 60 mins)

Please watch the video at: https://www.youtube.com/watch?v=3mRqQil_DFs

About the Presenter:

Julia Upton, RSM, is a member of the Institute of the Sisters of Mercy of the Americas. She holds a PhD in Theology from Fordham University and is Provost Emerita and Distinguished Professor in the Department of Theology and Religious Studies at St John's University (NY), where she has taught since 1979. She has served as a member of the Liturgical Commission of the Diocese of Brooklyn since 1978 and served two terms (1978–1981; 2007–2010) as an advisor to the United States National Conference of Catholic Bishops Committee on Divine Worship. Dr Upton's most recent book, *Worship in Spirit and Truth: The Life and Legacy of H A Reinhold*, was published by Liturgical Press in 2009. She is currently writing a biography of Adé Bethune, a liturgical artist, consultant and social activist whose work is most closely associated with the Catholic Worker.

<https://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/our-people/sr-professor-julia-a-upton-rsm>

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Questions to Ponder:

1. How has your spiritual and prayer life changed over the past 6 months?
2. Sr Julia called this a 'liminal' time. What has this liminal time taught us?
3. Sr Julia talks about her Church being overflowing the week after September 11 but empty again the week after. What are your thoughts around this?
4. The Domestic Church is key to living our faith. What is your experience of the domestic church in your community? What can we do in our own communities to nurture the domestic church?
5. Where have you seen people rise up in this time of pandemic?
6. Have you become 'more attentive' in a virtual world? (Do you take notes in homilies!?)
7. Has the time of pandemic offered you anything about 'presence'? How do you explain to others' Christ's presence in online liturgies? Can virtual presence be real?
8. What can we do now in our faith communities to prepare for a different 2021 in our Masses and parishes?
9. Why is ritual important to have, especially in times of need?
10. How have you found spiritual meaning in this time of COVID19?

Further Support:

If you would like further support to bring to life a Saturday Session, or Wednesday Wisdom or Tuesday Thinktank (the name can be changed), please contact Lisa at the Pastoral Planning Office at lisa.bright@parracatholic.org

For information about Zoom please contact the Pastoral Planning Office or you can watch a Zoom tutorial at <https://support.zoom.us/hc/en-us/articles/201362033-Getting-Started-on-Windows-and-Mac>

The Pastoral Planning Office thanks you for your enduring faith, hope, love and commitment as we venture into the deep. We pray that you experience the peace and grace that our God offers and can be an ambassador of Christ's hope and peace to those you encounter and accompany.

Please contact the Pastoral Planning Office for support in all areas of pastoral ministry.

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